

Section	Paragraph / Sentence	Original Form	Revised Form	Annotation
2.4	Paragraph starting with 'after high school'	camelback	camel's back	Correction of idiom usage.
2.4	Page 17 (paperback), 'After I moved to Davis' paragraph	Pupil dilution	Pupil dilation	Typographical error correction.
2.4	N/A	Pseudo-myopia	N/A	Clarification that the term is a real medical diagnosis.
6.2	N/A	Kelly Cuoco	Kaley Cuoco	Correction of actress' name.
8.8	Pg 169 or 170, 'Okay, I'll go.'	"Okay, I'll go,"	"Okay, I'll go."	Fixing punctuation inside quotation.
9.5	Title	Avoidance Paranoia and Rise of the White Coat Devil	Avoidance, Paranoia, and Rise of the White Coat Devil	Added a comma for clarity.
10.4	Paragraph 'What do you plan to do if you see him?'	Delete 'this' before 'Jeremy'. Delete 'What you plan to do?' before	N/A	Unnecessary words removed for clarity.
11.5	N/A	Greg Rosenthal	Gregg Rosenthal	Correction of public figure's name.
11.5	Near the end of the chapter, 'As a former international student...'	As many Chinese people hoped, I never fell into that kind of mental trap.	To the disappointment of many Chinese people, I never fell into that kind of mental trap.	Semantic distortion correction.
12.1	Paragraph 'Fourthly, masculinity...'	Delete 'covered by the insurance company'	N/A	Removed phrase to prevent confusion.
12.2	2nd paragraph	2% skim milk	2% milk	Clarification on milk terminology.
12.3	Paragraph 'The speaker was crying and blaming the culprit...'	He was right.	They were right.	Correction for gender-neutral language.

13.3	Paragraph starting with 'On my final day in Philly'	thingamajig	thing	"Thing" is more appropriate for the context.
13.4	Paragraph starting with 'As I remember'	'In order to' (uppercase I)	'in order to' (lowercase i)	Capitalization correction.
13.6	Paragraph starting with 'However', final sentence	Disease	Syndrome	Medical terminology correction (IBS vs IBD).
13.7	Paragraph starting with 'As I Remember', third sentence	and yes, affiliate marketing had always been around.	And yes, affiliate marketing has always been around.	Grammar correction.
15.7	Paragraph starting with 'When Frolo told him Hunchback'	Delete 'him'	N/A	Accidental dictation error removal.
Appendix C	N/A	N/A	Request for product review and social media discussion.	Additional request for reader engagement.